



INDIVIDUAL VOLUNTEER LOG

Date	Time Started	Time Completed	Total Hours	Activities Performed	Professional Signature

Total Hours: _____

Submit completed form to MAHSAyouthaward@gmail.com or mail to Megan Posch, 9051 Archer Ave, Willow Springs, IL 60480

All volunteer hours for individual medals must signed off by a professional supervisor (i.e. trainer, instructor, supervisor). Examples of volunteering include: Grooming horses for lessons; cleaning tack; barn chores; bathing horses; horse show prep; helping your barn at a horse show; volunteering with equine therapy groups



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